APS RELAYS TRACK & FIELD MEET Saturday, April 16, 2016

Participants: BOYS

55th Annual FM Wilson Memorial Relays

@ Community Stadium

Albuquerque Academy

Bosque Del Norte Eldorado La Cueva Manzano Rio Grande Sandia Sandia Prep Valley Volcano Vista

West Mesa

GIRLS

APS Albuquerque Relays @ Community Stadium

Albuquerque Academy

Bosque Del Norte
Eldorado La Cueva
Manzano Rio Grande
Sandia Sandia Prep
Valley Volcano Vista

West Mesa

Time Schedule Order of Events:

FIELD EVENTS				
7:00am-7:45am	Equipm	_Equipment Weigh-In		
8:00am	_Boys Shot Put		3 throws/individual	Flights ABCD
	Girls Javelin Girls Long Jump Boys Triple Jump Boys Pole Vault Girls High Jump		3 throws/individual	Flights ABCD
			3 jumps/individual	Open Pit 2 hours
			3 jumps/individual	Open Pit 2 hours
10:00am	Girls Shot Put Boys Javelin Boys Long Jump Girls Triple Jump Girls Pole Vault Boys High Jump		3 throws/individual	Flights ABCD
			3 throws/individual	Flights ABCD
			3 jumps/individual	Open Pit 2 hours
			3 jumps/individual	Open Pit 2 hours
12:00pm	_Girls Discus		3 throws/individual	Flights ABCD
2:00pm	_Boys Discus		3 throws/individual	Flights ABCD
RUNNING EVENTS				
12:00pm	Boys	6400m Relay (4	k 1600)	1 Heat
	Girls	6400m Relay (4 x 1600)		1 Heat
	Boys	1600m Relay (4	k 400)	2 Heats
	Girls	1600m Relay (4	k 400)	2 Heats
	Boys	400m Relay (4 x		2 Heats
	Girls	400m Relay (4 x 100)		2 Heats
	Boys	3200m Relay (4 x 800)		2 Heats
	Girls	3200m Relay (4 x 800)		2 Heats
	Boys	800m Relay (4 x 200) 800m Relay (4 x 200) 800m Medley Relay (100-100-200-400) 800m Medley Relay (100-100-200-400)		2 Heats
	Girls			2 Heats
	Boys			2 Heats
	Girls			2 Heats
	Boys	Hurdle Shuttle Relay		3 Heats
	Girls	Hurdle Shuttle Relay		3 Heats
	Boys	1600m Medley Relay (200-200-400-800)		2 Heats
	Girls	1600m Medley Relay (200-200-400-800)		2 Heats

